

**Please read our story submission criteria**

Thank you for telling us your story to publicly share with fellow Soul Box Project participants and supporters via our website, social media and news outlets. We review all submissions and may not be able to accept them all. Please review the guidelines below. We will email you before posting your story and photo or video.

**Guidelines for Submission:**

Maintaining a safe, positive, and inclusive online space is important to us.

- Our Project and website are places for healing, support, and positive action. Stories that contain potentially offensive, aggressive, or otherwise inappropriate content are not suitable.
- A personal connection to or experience with The Soul Box Project must be part of your story.
- To guard against technical mishaps, be sure to type your story in a saved document before pasting into our form.
- Please proofread your post. If we have difficulty understanding your story, we may require clarification.
- Note the word limits for each question.
- Note the time limit and format requirements for media.
- For your own safety, we will post only your first name/nickname and state, or you may request anonymity. If you reference another individual in your story, please consider their privacy needs and/or be sensitive to surviving family members.
- You must be 18 or over to submit.
- Please do not include names or images of perpetrators in posts.
- The post should not misrepresent data or information.
- Posts should not include broad political statements or arguments.
- Photos/Video: You must own or have permission to share any photo or video you submit.
- You can highlight your foundation or organization's work, but this page should not be used to request donations or promote products.